

Summer 2017 Community Calendar

AARP NeighborWalk on Community and Sustainability

Saturday, July 22, 10 a.m.–noon
Meet at Friendly Street Market
2757 Friendly St.
local.aarp.org/eugene-or

FAN Neighborhood Picnic

Sunday, July 23, 5–8 p.m.
Washington Park
20th Ave. & Washington St.
(see article page 1)

EUGFun! Free movie in the park: *Moana*

Friday, August 4, 9–11 p.m.
Washington Park
20th Ave. & Washington St.
EUGfun.org

Friendly Park Volunteer Care Day

Sunday, August 6, 9 a.m.–noon
Monroe St. & W. 27th Ave.
Tools and snacks provided
Help keep this park pesticide free!
(see article page 2)

Vulnerable Populations Working Group

Tuesday, August 8, 7–9 p.m.
Hilyard Community Center
2580 Hilyard St.
councilsoutheugene.wordpress.com

FAN Monthly Board Meeting

Monday, August 14, 7–9 p.m.
Washington Park Community Center
2025 Washington St.
(Second Monday of every month)

Common Ground Garden Work Parties

July 16 & 23, Aug 5 & 12
10 a.m.–1 p.m.
21st Ave. & Van Buren St.
(First two Saturdays; third and fourth Sunday every month through October)

Eugene's summer "Fun for All"

Weekdays, July 5–August 25, 10 a.m.–5 p.m.
Washington Park
20th Ave. & Washington St.
Supervised crafts and games, free lunch
GetRec.org/funforall

16th Annual FAN Summer Picnic on July 23rd

By *Bernie Corrigan, FAN board member*

The annual Friendly Neighborhood Picnic will happen from 5 to 8 p.m. in Washington Park on Sunday, July 23rd. This is a free, family friendly event, which will be centered on the area just east of the Community Center and just north of the park's spray play. You can't miss it.

Talk with representatives from local agencies and community organizations on hand with outreach tables. If your group is interested in having a table, please contact us at editor@friendlyareaneighbors.org.

Food: As usual there will be FREE root beer floats from the Friendly Street Church of God. Other

than that, food is BYO (bring your own picnic). Limited tables and seating will be available. It's best to bring your own picnic blanket and folding chairs.

Music: The first set will be performed by Peter Giri, who used to be Pete Kowalke before changing his name and style. He was warmly received in his solo appearance at the picnic two years ago, and we were asked why he wasn't back last year—so now he will be. The second set will be by Rob Tobias leading the Maya Love Orchestra. This is a group of outstanding local musicians, and they feature the music of George Harrison, John Lennon, and Bob Dylan. Both Peter and Rob are FAN residents.



Last year's FAN picnic July 2016. Photos: Greg Giesy

Website: friendlyareaneighbors.org | Facebook: [friendlyareaneighbors](https://www.facebook.com/friendlyareaneighbors) | Twitter: [@FANEugene1](https://twitter.com/FANEugene1)

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c/o Neighborhood Program
99 W. 10th Avenue
Eugene, OR 97401



Friendly Park needs love! Park Care Day is Sunday, August 6th

By Matt Lutter, FAN board member

Our Friendly Park is in need of some love! Our Friendly Park Care Days have had low participation recently, and there is now a backlog of tasks that need to be done, particularly along the park's perimeter and tree wells. If people do not show up to help, the city may need to resort to pesticides to address the weeds!

There is a scheduled work party on Sunday, August 6 from 9 a.m. to noon, rain or shine. Tools, gloves, wood chips, and light refreshments will be provided by the city. Please dress appropriately for the weather. Come on out, meet a neighbor, and help keep Friendly Park free of pesticides.

Friendly Park is a small 1.2 acre park established in 1953. It is located at the intersection of Monroe St. and W. 27th Ave. In response to neighborhood concern over the use of pesticides for park maintenance, the City of Eugene and FAN partnered together in 2013 to make Friendly Park a pesticide-free space. The partnership involves quarterly work parties so that maintenance tasks—largely weed control—can be done without the use of pesticides. To learn more about the pesticide-free adoption, visit the FAN website: friendlyareaneighbors.org/friendly

I hope to see you on August 6! Question? Contact me at matt@friendlyareaneighbors.org.



FAN board seeks new members

By Deb Jones, FAN board member

Friendly Area Neighbors (FAN) is one of 23 neighborhood associations in Eugene. We are seeking new members to join our board at our October annual meeting. The FAN board has a strong history of advocacy on behalf of the neighborhood. We work on traffic calming, park improvements, sustainability projects, and encouraging public works projects more compatible with neighborhood needs.

Neighborhood associations are formally recognized by the city. We are notified of development proposals, city planning initiatives, and public works

Two perspectives on FAN board service

By Karen Bankston

Bernie Corrigan joined the FAN board in 2000 with the primary aim of slowing speeding drivers who were cutting through the neighborhood. "It was dead pet of the week, plus a child on a bike was hit. Something had to be done, and the city was ignoring my complaints," Corrigan recalls. Vehicles were clocked with radar guns at over 65 mph on all the affected streets. The FAN Traffic Calming Committee obtained a commitment from the city for \$150,000 to install traffic calming measures on those streets. The committee and city traffic engineer Nathan Duke designed the calming measures, which were later installed—the speed humps, traffic circles and curb bump-outs that can be seen in southwest FAN today. Traffic calming remains an ongoing FAN mission.

Corrigan also speaks with pride of the FAN board's work to help turn the College Hill Reservoir roof into a de facto city park and to help upgrade and maintain other neighborhood parks.

The board's primary purpose is "to bring the neighborhood together and make it a better place to live," he says. "People here need to be talking to each other and working together to improve the quality of life for their neighborhood."

Beyond attending board and committee meetings, FAN board members need to be willing "to go out and do the work to make things happen—and to recruit others to join you," he adds. "If you have

projects and we can present neighborhood concerns to the city. A neighborhood association is a great way to partner with other neighbors, the city, and other organizations to develop solutions to shared problems. The FAN board has up to 15 members. The term of service is one year with no term limit. The board meets monthly.

Read below the reflections of two FAN board members on their board service and the value of neighborhood associations. If you would like more information about serving on the board, email editor@friendlyareaneighbors.org.

good ideas, you can find other people who are willing to join in to get it done."

Current Cochair Morgan Greenwood, who



joined the board in 2015, says she appreciates "the strong base of institutional knowledge" among colleagues who are happy to share FAN's history of advocating for the neighborhood. A recent UO graduate who studied Planning, Public Policy and Management, Greenwood joined the board with a special interest in the South Willamette restriping and zoning plan. She has also worked on efforts to support sidewalk repairs and coordinate the annual picnic.



One of her favorite parts of board service "is opening my email box and finding a message from a neighbor I've never met before sharing a concern or idea."

Greenwood says the board has been discussing ways to accommodate the busy schedules of FAN neighbors who'd like to get involved on the board or committees by making meeting times more accessible. "The neighborhood association would be well served by broadening outreach to

a more diverse representation of residents, but it can be hard for people who are time-crunched by family and work commitments," she notes.

"The board has done a good job supporting what we all value," she adds. "Everyone who lives in this neighborhood does so intentionally, and the board aims to support that."

Business Beat: Friendly Street food trucks

Three food trucks and a "tap cart" in the 2700 block of Friendly Street offer a variety of dinner options for a pleasant evening out or take-home.

Tam's Place has been serving Vietnamese cuisine for three years in FAN. Owners Tam and Heath Howitt pledge that "all the food we make is healthy and made with care and love"—with fresh vegetables, locally sourced meats, and no MSG or artificial flavoring. Except for one month in the winter, Tam's is open year-round and offers picnic tables for diners. Search Tam's Place on Facebook to

view menu options.

Bartolotti's serves up tasty stromboli and pizzas by the pie and slice. Owner Steve Shinn finds inspiration for the names on his menu in popular culture and local landmarks, like the Norma Jean and Zoot Suit Riot tomato pies and Spencer's Butte stromboli. Bartolotti's began serving the neighborhood in April 2016 and is open year-round.

FAN's newest restaurant on wheels is **Masa's Yatai**, which means "food cart" in Japanese. Owner Itai Masa, who formerly owned a downtown restaurant until a broken finger made it impossible for him to make sushi, says he will be away most of July. Yatai is scheduled to reopen in August, with a menu that includes curry rice, garlic chicken, una-don, salmon poke-don, tofu or salmon teriyaki, and yakisoba.

Owner Randy Nelson, who opened the **Ciderlicious Hard Cider Tap Cart** on Halloween 2016, is "glad to be part of a very unique and fine neighborhood." With its covered patio and heaters firing up when the temperatures drop, Ciderlicious is open year-round, and Nelson reports that "even when the temperatures were down in the 20s, people still came out." He works with small regional cideries to supply a variety of choices for his patrons and even keeps a couple beers on tap.

The Friendly food truck offerings aren't just for dinner. Ciderlicious and Bartolotti's are now teaming up for Sunday brunch, with a rotating menu available from 10:30 a.m. to 1 p.m.

Food trucks in the 2700 block of Friendly St.

Sustainability projects in the Friendly Area Neighborhood

By Matt Lutter and Deb Jones, FAN board members

We live on a planet with limited resources and growing pressures on living systems. Fortunately, Friendly Neighborhood has many examples of projects undertaken by residents to help address these pressures by employing regenerative, permaculture, or sustainability practices. These actions help care for the earth and for people—and return a surplus to both. They work toward the larger goal of being part of a supportive community for mutual help and security.

The **Friendly Fruit Tree Project** connects motivated fruit pickers with Friendly residents who have more fruit growing in their yards than they can handle. Volunteer harvesters arrange a convenient harvest date with homeowners. The harvest is split between homeowners, volunteers, and those who need the food, often a local nonprofit such as the Eugene Mission. Last year, we harvested 4,000 pounds of pears, plums, grapes, apples, and kiwis—and spared this bounty from rotting on the ground. The project was started with a 2014 Eugene Neighborhood Matching Grant sponsored by FAN. Visit friendlyfruit-treeproject.org.

Friendly Park at Monroe St. and W. 27th Ave. has a Pesticide Free Park designation. The FAN board entered an agreement with the city in 2013 to manage the park without pesticides. This arrangement is possible with volunteer help of neighbors at quarterly work parties. The city provides tools and gloves. Volunteers weed and lay wood chips to suppress weeds so the city does not need to spray herbicides, especially for invasive plants. Neighbors can get to know each other in an informal outdoor environment. More volunteers are urgently needed to keep this park pesticide free. See article page 2.

Common Ground Garden is a neighborhood sharing garden, open to all, created on a vacant right-of-way at 21st Ave. and Van Buren St. Regular work days are scheduled throughout the growing season. You don't even have to work to enjoy some of the harvest! The garden serves as an urban demonstration and teaching garden featuring organic and permaculture practices. Neighbors share seeds, starts, extra produce, and local gardening knowledge. Kids participating in the garden get a fun introduction to vegetables and gardening. For more info: facebook.com/Common-Ground-Garden-170099919716481/

Neighborhood Green (Not Just) Bike Tours ran from 2008 through 2012. Volunteers organized informal tours of FAN homes and gardens that demonstrate “green” techniques and strategies. Our tours were part of a citywide effort across 12 neighborhoods. A main goal of the tours was to connect people with ideas for meeting their needs closer to home. Since 2012, tours of FAN homes and gardens have been available through the annual BRING Home & Garden tour, which is more formal and charges for admission.

The **ToolBox Project** serves Eugene-Springfield with a tool sharing library that provides low-cost access to home and garden tools. Membership is open to everyone. Hundreds of hand and power tools

are available to borrow (check out the inventory at eugenetoolboxproject.org). The Toolbox Project has been offering tools since 2015 and is located at 2235 Adams St., adjacent to the Friendly Street Church of God. Regular hours are currently Thursday evenings and Saturday mornings. This project is an all-volunteer nonprofit organization. Significant funding has come from 2016 and 2017 Eugene Neighborhood Matching Grants sponsored by FAN.

The **FAN Garden Swap** is a gathering of gardeners to share fruit trees and scion (branch cuttings), many kinds of vegetable seeds, plant divisions, garden knowledge, and good times. FAN sponsored and hosted its first garden swap this spring.



Clockwise from top left: Friendly Fruit Tree Project volunteers; visiting in the Common Ground Garden; ToolBox Project volunteers; volunteers keeping Friendly Park pesticide-free; 2017 FAN Garden Swap

Do One Thing for disaster preparedness: a 3 day supply of food

From do1thing.com/topics/food

Disaster preparedness can seem like a daunting task. It involves making plans and gathering supplies. The To Do lists seem long, and it's easy to procrastinate. Make it easier on yourself by taking on one task a month. This focus of this month is food.

GOAL: Have an emergency food supply that will meet the needs of your household for three days without utilities or outside help.

An emergency food supply doesn't have to sit on a shelf, ready for disaster to strike (although it can). It can be part of the food you use every day. The key to a good food storage plan is to buy ahead of time. Replace items before they run out. Buy items when they are on sale. A large duffel bag or plastic tub with a lid makes a great storage place for an emergency food supply. Add a few items each month.

Put aside a three-day supply of food for disasters. Stock up on foods that provide a balanced diet

and are ready-to-eat or easy to prepare without water. Include high energy and comfort foods as well. Make sure you have a manual can opener. Remember pet food.

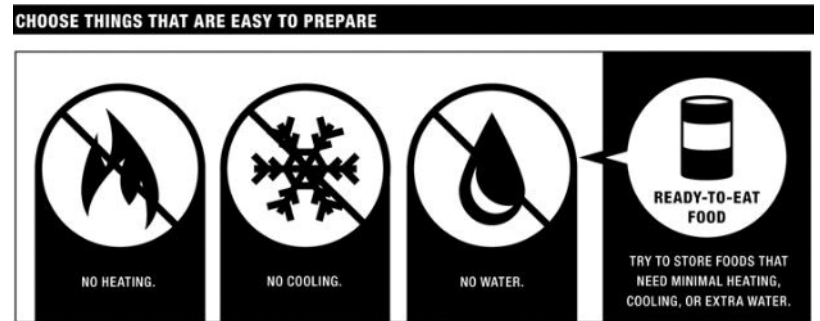
Take steps to make sure perishable food in your refrigerator and freezer will stay safe.

During an extended power outage, temperatures in your fridge and freezer will begin to rise, even if the doors stay closed. Harmful bacteria may begin to grow on your food once the fridge temperature rises about 41 degrees.

- If you anticipate a power outage, reduce the temperature of your fridge and freezer to keep it colder longer.
- Keep containers of ice in your freezer.
- If the power goes out, avoid opening the door to the fridge or freezer.

Make sure you can meet any crucial dietary

needs in your household. Talk to your nutritionist about non-perishable menu options that can be used in an emergency. Keep a description of your medical condition and the diet in your emergency kit.



Rats! Strategies to discourage rodents in your home and garden

By Karen Bankston

Your yard may be your paradise, with a carefully tended vegetable garden, composting system, and haven for chickens and pets. Unfortunately, rats may treat it as their paradise, too.

These practices, recommended by the Center for Disease Control and experienced urban gardeners, can help keep rodents out of your home, yard, and neighborhood:

Eliminate possible outdoor food sources.

Keep pet food stored outside in thick plastic or metal containers with tight lids, and don't leave pet food and water bowls out overnight. Keep outside cooking areas and grills clean. Pick up and dispose of pet droppings. Keep bird feeders away from the house, and use squirrel guards to limit access to the feeder by squirrels and other rodents.

Practice smart composting. Don't put meats or fats in with kitchen waste. Alternate layers of food waste and yard waste (leaves, branches, grass clippings, flower heads). Use a compost bin and secure access from the ground beneath it with chicken wire. Keep compost as far from the house as possible.

Eliminate nesting sites. Elevate hay, woodpiles, and garbage cans at least a foot off the ground. Move woodpiles as far from the house as possible. Dispose of old vehicles, furniture, and tires. Keep grass and shrubbery near your home trimmed.

Feed the chickens, not the rats. As with pet food, store chicken feed in secure containers, and

regularly clean up food and droppings on the ground. If you use straw as bedding, clean and aerate it regularly. Consider investing in a secure feeding system



such as a treadle feeder.

Seal up holes inside and outside your home, garage, and outbuildings to prevent entry. Mice can squeeze through a nickel-size hole, and rats can fit through spaces the size of a half dollar. Look for gaps under and inside kitchen cabinets; under and behind the refrigerator and stove; inside closets; near the fireplace; around doors and windows; around pipes and vents under sinks and to the washer, dryer, water heater, and furnace; and in the attic and basement or crawl space. Use lath screen, cement, or metal sheeting to seal off large holes, and fill small holes with steel wool.

Beyond the creepy factor, rats carry diseases that can infect human, pets, and chickens. For more information on the hazards posed by urban rats, the 2016 documentary by Morgan Spurlock, *Rats*, (available on Netflix) offers a vivid and disturbing look at ongoing efforts to control these pests in New York City.



Get involved in your neighborhood!

Friendly Area Neighbors works in several teams to develop the work of the neighborhood association and projects of interest to neighbors. All residents are welcome to join our teams or simply to sit in on any discussion to hear what we're working on.

Unless otherwise noted, for more information and next meeting times contact: editor@friendlyareaneighbors.org.

South Friendly Safety Project: this new group's first focus is on traffic safety between W 24th and W 28th, Friendly Street and Jefferson, especially around Friendly Park. Join this group at: facebook.com/groups/southfriendlysafety

Vulnerable Populations Multi-Neighborhood Working Group: currently focused on winter strategies for our neighbors experiencing homelessness. Join the list at: groups.google.com/d/forum/csenvpop or email sielicki@gmail.com

Transportation Team: improving how we get around by bike, car, bus, or walking.

Outreach Team: supporting ways to communicate with neighbors and grow participation in neighborhood projects.

Public Safety Team: encouraging disaster preparedness and preventing neighborhood crime.

Sustainability Team: cultivating and strengthening sustainable practices and opportunities in the neighborhood.

Friendly Area Neighbors Newsletter

Editor: Deb Jones

Design and layout: Peg Freas Gearhart

We would like to hear from you! Send your comments, letters to the editor (limit to between 150 and 200 words), and community calendar events to:

editor@friendlyareaneighbors.org

or

Friendly Area Neighbors (FAN)

c/o Neighborhood Program

99 W. 10th Avenue

Eugene, OR 97401

Visit the FAN website for more information about your neighborhood:

friendlyareaneighbors.org

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